



THINK HEART



Every 2 hours a baby is born with a serious heart condition.

Learn how to spot the signs of a heart defect in your newborn baby before it's too late.

HHEART RATE: Too fast or slow (normally 100-160 beats per min)?

EENERGY: Sleepy, quiet, floppy, tired or falling asleep feeding?

AAPPEARANCE: Pale, waxy, dusky, blue, purple, mottled or grey colour?

RRESPIRATION: Breathing fast or slow (normally 40-60 breaths per min)?

TTEMPERATURE: Persistently cold to touch - particularly hands and feet?

Knowing the signs could save a baby's life

Think HEART was created by Dr Joan LaRovere.

For your free
information
pack...

email thinkheart@tinytickers.org
or visit tinytickers.org

Know the signs.
Think HEART.

