



Find out more

Email: info@tinytickers.org

Visit: www.tinytickers.org

Connect with us:



THINK HEART.

Know how to spot the signs of a
heart defect when your baby is born



Know the signs Think heart.

Spotting a heart defect early can help save a baby's life and improve their long-term quality of life. If you have any concerns about your baby, take them to see a medical professional and ask them to check your baby's heart.

Pop this card in
your hospital
bag and keep it
on the fridge

THINK
HEART.



HEART RATE

Too fast or slow (normally 100-160 beats per mins)?

ENERGY

Sleepy, quiet, floppy, tired or falling asleep feeding?

APPEARANCE

Pale, waxy, dusky, blue, purple, mottled or grey colour?

RESPIRATION

Breathing fast or slow (normally 40-60 breaths per min)?

TEMPERATURE

Persistently cold to touch -particularly hands and feet?

Think HEART was created by Dr Joan LaRovere. Tiny Tickers is registered charity 1078114.